



TODAY, I AM
BRIMMING WITH
ENERGY AND
OVERFLOWING
WITH JOY.





I HAVE BEEN
GIVEN ENDLESS
TALENTS WHICH
I BEGIN TO
UTILIZE TODAY.





I FORGIVE THOSE
WHO HAVE
HARMED ME IN
MY PAST AND
PEACEFULLY
DETACH FROM
THEM.





I AM GUIDED IN
MY EVERY STEP
BY SPIRIT WHO
LEADS ME
TOWARDS WHAT
I MUST KNOW
AND DO.





I POSSESS THE
QUALITIES
NEEDED TO BE
EXTREMELY
SUCCESSFUL.





MY ABILITY TO
CONQUER MY
CHALLENGES IS
LIMITLESS; MY
POTENTIAL TO
SUCCEED IS
INFINITE.





I AM
COURAGEOUS
AND I STAND UP
FOR MYSELF.





TODAY, I
ABANDON MY
OLD HABITS AND
TAKE UP NEW,
MORE POSITIVE
ONES.





MANY PEOPLE
LOOK UP TO ME
AND RECOGNIZE
MY WORTH; I AM
ADMIRER.





I ACKNOWLEDGE
MY OWN SELF-
WORTH; MY
CONFIDENCE IS
SOARING.





MY FUTURE
IS AN IDEAL
PROJECTION OF
WHAT I ENVISION
NOW.





MY EFFORTS ARE
BEING
SUPPORTED BY
THE UNIVERSE;
MY DREAMS
MANIFEST INTO
REALITY BEFORE
MY EYES.





I RADIATE
BEAUTY, CHARM,
AND GRACE.





I WAKE UP
TODAY WITH
STRENGTH IN MY
HEART AND
CLARITY IN MY
MIND.





MY FEARS OF
TOMORROW ARE
SIMPLY MELTING
AWAY.





I AM AT PEACE
WITH ALL THAT
HAS HAPPENED,
IS HAPPENING,
AND WILL
HAPPEN.





MY MIND IS
CLEARED FROM
NEGATIVE
THOUGHTS.





I'M GOING TO
INVEST MORE
TIME IN HEALING
AND
RECOVERING.
I DESERVE TO
FEEL BETTER.

