

MY BODY IS
HEALTHY; MY
MIND IS
BRILLIANT; MY
SOUL IS
TRANQUIL.



# I AM THE ARCHITECT OF MY LIFE; I BUILD ITS FOUNDATION AND CHOOSE ITS CONTENTS.



## TODAY, I AM BRIMMING WITH ENERGY AND OVERFLOWING WITH JOY.



#### I AM SUPERIOR TO NEGATIVE THOUGHTS AND LOW ACTIONS.

## I HAVE BEEN GIVEN ENDLESS TALENTS WHICH I BEGIN TO UTILIZE TODAY.



# I FORGIVE THOSE WHO HAVE HARMED ME IN MY PAST AND PEACEFULLY DETACH FROM THEM.



MY ANGER AND
REPLACES IT
WITH LOVE.



I AM GUIDED IN
MY EVERY STEP
BY SPIRIT WHO
LEADS ME
TOWARDS WHAT
I MUST KNOW
AND DO.



## I POSSESS THE QUALITIES NEEDED TO BE EXTREMELY SUCCESSFUL.



CREATIVE
ENERGY SURGES
THROUGH ME
AND LEADS ME
TO NEW AND
BRILLIANT
IDEAS.



HAPPINESS IS A
CHOICE.
I BASE MY
HAPPINESS ON MY
ACCOMPLISHMENTS
AND THE BLESSINGS
I'VE BEEN GIVEN.



MY ABILITY TO
CONQUER MY
CHALLENGES IS
LIMITLESS; MY
POTENTIAL TO
SUCCEED IS
INFINITE.





#### I AM COURAGEOUS AND I STAND UP FOR MYSELF.



# MY THOUGHTS ARE FILLED WITH POSITIVITY AND MY LIFE IS PLENTIFUL WITH PROSPERITY.



# TODAY, I ABANDON MY OLD HABITS AND TAKE UP NEW, MORE POSITIVE ONES.



## MANY PEOPLE LOOK UP TO ME AND RECOGNIZE MY WORTH; I AM ADMIRED.



## I ACKNOWLEDGE MY OWN SELFWORTH; MY CONFIDENCE IS SOARING.

## EVERYTHING THAT IS HAPPENING NOW IS HAPPENING FOR MY UI TIMATE GOOD



#### POWERHOUSE; I AM INDESTRUCTIBLE.



## MY FUTURE IS AN IDEAL PROJECTION OF WHAT I ENVISION NOW.



MY EFFORTS ARE
BEING
SUPPORTED BY
THE UNIVERSE;
MY DREAMS
MANIFEST INTO
REALITY BEFORE
MY EYES.



#### I RADIATE BEAUTY, CHARM, AND GRACE.



MY OBSTACLES

ARE MOVING OUT

OF MY WAY; MY

PATH IS CARVED

TOWARDS

GREATNESS.



# I WAKE UP TODAY WITH STRENGTH IN MY HEART AND CLARITY IN MY MIND.





#### MY FEARS OF TOMORROW ARE SIMPLY MELTING AWAY.



I AM AT PEACE
WITH ALL THAT
HAS HAPPENED,
IS HAPPENING,
AND WILL
HAPPEN.



#### MY MIND IS CLEARED FROM NEGATIVE THOUGHTS.



# I'M GOING TO INVEST MORE TIME IN HEALING AND RECOVERING. I DESERVE TO FEEL BETTER.